



# Lunch and Assorted Platter **Menu**

# Lunch Packages

## Value Sandwich Lunch Packages



### **Mini Deli Sandwich Lunch**

**\$19/person** (minimum 10 persons)

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- Tossed Greens with Chef's Dressing
- Fresh Crudités & Roasted Garlic Herb Dip
- Mini Deli Sandwiches (2 pieces per person). White and Whole Wheat Deli Sandwiches filled with:
  - Smoked Ontario turkey with cranberry mayo
  - Homestyle Roast Beef with Dijon Mustard
  - Egg Salad
  - Fire Roasted Vegetables with Arugula and Goat Cheese
- Locally Roasted, Freshly Brewed Blue Dragon Coffee and a Selection of Teas
- Oven Baked Cookies

### **It's A Wrap**

**\$20/person** (minimum 10 persons)

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- Tossed Greens with Chef's Dressing
- Fresh Crudités & Roasted Garlic Herb Dip
- Wrap Sandwiches (2 pieces per person)
  - Spinach Tortilla with Grilled Chicken Caesar, Sundried Tomatoes and Parmesan-Reggiano
  - Sundried Tomato Tortilla with Smoked Turkey, Arugula, Asiago, and Cranberry Mayo
  - Whole Wheat Tortilla Salmon Salad Wrap with Spinach, Grape Tomatoes, and Lemon Aioli
  - Spinach Tortilla with Roasted Vegetables with Hummus, Tabbouleh and Artichoke
- Locally Roasted, Freshly Brewed Blue Dragon Coffee and a Selection of Teas
- Oven Baked Cookies



# Lunch Packages

Have your lunch catered to you by some of our most popular locations on campus.

## **Urban Deli Artisanal Sandwich Package**

**\$22/person** (minimum 10 persons)

- Tossed Farm House Greens with Chef's Selection Dressing
- Rustic Potato Salad with Fresh Dill
- Artisanal Sandwiches (1 sandwich per person)
  - **Roasted Cauliflower Salad Sandwich**  
Cauliflower tossed in vegan mayo, spices and flat leaf parsley served on a focaccia bread
  - **Caprese**  
Vine ripened tomato, marinated bocconcini, fresh basil and pesto aioli on a panini bun
  - **Picnic Chickpea Salad Sandwich**  
Chickpeas, pickles, red onions, Dijon mustard, vegan mayo, and arugula on a whole grain bread.
  - **Steak, Caramelized Onion and Chèvre**  
Slow roasted, thinly sliced beef, caramelized local onions, goat cheese and Dijon horseradish served on a focaccia bread
  - **Tuscan Grilled Chicken and Jalapeño Havarti**  
Herb marinated grilled chicken, jalapeño Havarti and ancho chipotle sauce on a fresh baked panini bun
- Assorted Dessert Squares

## **Pasta Papardelle Buffet**

**\$27/person** (minimum 20 persons)

- Choice of Caesar or House Salad
- Ricotta Ravioli tossed in a Rich Tomato Basil Sauce with Fresh Baby Spinach
- Penne Pasta tossed in Cajun Spiced Chicken, Zucchini and Woodland Mushrooms
- Oven-Baked Cookies

*Gluten Free Option available*



# Lunch Packages

Have your lunch catered to you by one of some of our most popular locations on campus.

## **Za'atar Mediterranean Lunch Buffet**

**\$31/person** (minimum 20 persons)

- Spinach Salad with:  
Lemon Honey Vinaigrette, Vine Ripened Tomatoes, Cucumbers, Olives, Bermuda Onions and Feta Cheese
- Vegetable Crudit  served with Roasted Garlic Dip
- 6oz Chicken Souvlaki served with Homemade Tzatziki (1 piece/person)
- 6oz Vegetable Kebabs (1 piece/person)
- Greek Potatoes
- Lemon Rice Pilaf
- Assorted Dessert Squares
- Fresh Sliced Fruit

*Additional Chicken Kebab available for \$6*

## **Curry Cumin Buffet**

**\$29/person** (minimum 20 persons)

- Vegetable Samosas served with Date and Tamarind Chutney
- All curries served with Saffron Scented Rice, Naan Bread and Raita
- Fresh Sliced Melon
- Choose **two** curries from the selection:
  - **Butter Chicken**  
Boneless Chicken cooked in a Creamy Tomato Sauce
  - **Chana Masala**  
Chickpeas stewed in Indian Spices
  - **Saag Paneer**  
Indian Cottage Cheese stewed in Spiced Spinach Puree
  - **Dahl Masala**  
Lentils slow cooked in mild Spices with Spinach and Onions

# Lunch

## Sandwich Platters



### Assorted Sandwich Platter

**small \$72** (serves 10)  
**regular \$125** (serves 20)

- Cocktail Sandwiches filled with:  
Tuna Salad, Egg Salad, Black Forest Ham and Roast Vegetables

### Deli Sandwich Platter

**small \$95** (serves 10)  
**regular \$180** (serves 20)

- Deli Sandwiches filled with:
  - Tuna Salad on Light Rye
  - Black Forest Ham on a Pretzel Bun
  - Roast Turkey Breast on Multigrain Bun
  - Egg Salad on Light Rye
  - Roast Beef on Focaccia
  - Roast Curry Chickpea on Focaccia

### Wrap Platter

**small \$98** (serves 10)  
**regular \$188** (serves 20)

- Wraps filled with:  
Tuna Salad, Egg Salad, Black Forest Ham, Roast Turkey Breast and Roast Vegetables

### Gourmet Sandwich Platter

**\$215/platter** (serves 20)

- Your Choice of Sandwiches on our Fresh Baked Artisan Breads (select 5)
  - **Ginger Tofu and Marinated Vegetable Wrap** **VEGAN**  
Ginger marinated fried tofu served with rice wine, marinated carrots, daikon, green onion, Napa cabbage, and coriander, topped with a hoisin glaze
  - **Curry Chickpea, Roasted Pepper, and Onion Salad Sandwich** **VEGAN**  
Curry-roasted chickpeas with roasted peppers and onions tossed in coriander vegan mayonnaise and mango chutney
  - **Falafel and Hummus Wrap** **VEGAN**  
House-made falafel, hummus, and tabbouleh
  - **Roasted Cauliflower Salad Sandwich** **VEGAN**  
Cauliflower tossed in vegan mayonnaise, spices, and flat leaf parsley
  - **Tuscan Grilled Chicken and Jalapeño Havarti** **VEGAN**  
Herb marinated grilled chicken, jalapeño Havarti and ancho chipotle sauce
  - **Steak, Caramelized Onion, and Chèvre**  
Slow roasted, thinly sliced beef, caramelized local onions, goat cheese and Dijon horseradish
  - **Turkey and Maple-Smoked Bacon Club**  
Roasted turkey breast, maple smoked bacon, lettuce, tomato, and Dijon mayonnaise

# Assorted Platters



**Vegetable Crudité** **small \$50** (serves 10)  
**regular \$90** (serves 20)

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- Seasonal Vegetable Crudités with Herb Sour Cream Dip

**Cheese Board** **small \$115** (serves 10)  
**regular \$220** (serves 20)

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- Selection of Imported and Domestic Cheeses with Fruit Garnish and Water Crackers

**Antipasto** **small \$70** (serves 10)  
**regular \$135** (serves 20)

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- Roasted Peppers, Grilled Zucchini, Bocconcini Cheese, Assorted Olives and Sliced Prosciutto Ham

**Dessert Squares** **small \$50** (serves 10)  
**regular \$95** (serves 20)

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- Assorted Dessert Squares including:  
Carrot Cake, Butter Tarts, Nanaimo Bars and Chocolate Brownies

**Donut Platter** **small \$42** (serves 10)  
**regular \$79** (serves 20)

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- Selection of Donut

**Home Baked Cookies** **small \$35** (serves 10)  
**regular \$63** (serves 20)

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- Assorted Freshly Baked Cookies

**French Pastries** **small \$50** (serves 10)  
**regular \$95** (serves 20)

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- Selection of French Pastries

**Fresh Fruit** **small \$70** (serves 10)  
**regular \$130** (serves 20)

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- Assorted Fruit Platter

**Fresh Fruit Kabobs** **small \$80** (serves 10)  
**regular \$150** (serves 20)

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- Assorted Fruit Kabobs Platter



# Ordering for your team?

Ask us about  
collaborative ordering.

- ☎ 416-585-3169
- ✉ [stgeorgecatering@utoronto.ca](mailto:stgeorgecatering@utoronto.ca)
- 🌐 [stgeorgecatering.utoronto.ca](http://stgeorgecatering.utoronto.ca)
- 📷 [@stgeorgecateringco](https://www.instagram.com/stgeorgecateringco)

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## EXTENDED MENU

Our extended menu is  
available on our website at:  
[stgeorgecatering.utoronto.ca](http://stgeorgecatering.utoronto.ca)



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