



Lunch and Assorted Platter **Menu**

Lunch Packages

Value Sandwich Lunch Packages



Deli Lunch

\$19/person (minimum 10 persons)

- Select Garden Greens with Tomato, Cucumber and Carrot
- Balsamic and Garden Herb Dressing **VEGAN**
- Herb Crisp Vegetable Crudite with Hummus **VEGAN**
- Deli Sandwiches (1 piece per person). Served on Soft White and Whole Wheat Buns with Crisp Lettuce and Vine Tomatoes filled with:
 - Ham and Cheddar
 - Roast Turkey and Swiss
 - Egg Salad
 - Curry Roasted Chickpea and Onion **VEGAN**
 - Roasted Ontario Beef
- Selection of Gourmet House Baked Cookies

It's A Wrap

\$20/person (minimum 10 persons)

- Select Garden Greens with Tomato, Cucumber and Carrot
- Balsamic and Garden Herb Dressing **VEGAN**
- Crisp Garden Crudite with Hummus **VEGAN**
- Gourmet Wraps (1 piece per person)
 - Grilled Chicken Caesar Wrap with Sundried Tomato and Shredded Parmesan **HALAL**
 - Smoked Turkey, Arugula and Swiss with Cranberry Aioli
 - Tuna Salad with Celery, Baby Spinach and Lemon Mayo
 - Fire Roasted Vegetable with Hummus, Tabbouleh and Feta
 - Black Forest Ham with Aged Cheddar, Tomato and Dijon Mayo
- Selection of Mini Desserts



Lunch Packages

Have your lunch catered to you by one of some of our most popular locations on campus.

Urban Gourmet

\$22/person (minimum 10 persons)

- Select Garden Greens with Tomato, Cucumber and Carrot
- Balsamic and Garden Herb Dressing **VEGAN**
- Roasted Potato Salad with Celery and Dill **VEGAN**
- Gourmet Sandwiches (1 sandwich per person)
 - Chickpea Falafel with Tahini and Tomato Onion Salad **VEGAN**
 - Shaved Ontario Beef, Caramelized Onions, Cheddar, Horseradish Mayo, Lettuce and Tomato **HALAL**
 - Grilled Chicken with Spiced Havarti, Garden Lettuce, Tomato and Chipotle Aioli **HALAL**
 - Caprese-Vine Ripened Tomato, Bocconcini, Baby Arugula, Pesto Aioli, Balsamic Reduction
 - Oven Roasted Turkey and Bacon Club with Applewood Smoked Bacon, Lettuce, Tomato and Dijon Mayonnaise
- Assorted French Pastries

Pasta Papardelle Buffet

\$27/person (minimum 20 persons)

- Choice of Caesar or House Salad
- Ricotta Ravioli tossed in a Rich Tomato Basil Sauce with Fresh Baby Spinach
- Penne Pasta tossed in Cajun Spiced Chicken, Zucchini and Woodland Mushrooms
- Oven-Baked Cookies

Gluten Free Option available



Lunch Packages

Have your lunch catered to you by one of some of our most popular locations on campus.

Za'atar Mediterranean Lunch Buffet

\$31/person (minimum 20 persons)

- Spinach Salad with:
Lemon Honey Vinaigrette, Vine Ripened Tomatoes, Cucumbers, Olives, Bermuda Onions and Feta Cheese
- Vegetable Crudit  served with Roasted Garlic Dip
- 6oz Chicken Souvlaki served with Homemade Tzatziki (1 piece/person)
- 6oz Vegetable Kebabs (1 piece/person)
- Greek Potatoes
- Lemon Rice Pilaf
- Assorted Dessert Squares
- Fresh Sliced Fruit

Additional Chicken Kebab available for \$6

Curry Cumin Buffet

\$29/person (minimum 20 persons)

- Vegetable Samosas served with Date and Tamarind Chutney
- All curries served with Saffron Scented Rice, Naan Bread and Raita
- Fresh Sliced Melon
- Choose **two** curries from the selection:

- **Butter Chicken**

Boneless Chicken cooked in a Creamy Tomato Sauce

- **Chana Masala**

Chickpeas stewed in Indian Spices

- **Saag Paneer**

Indian Cottage Cheese stewed in Spiced Spinach Puree

- **Dahl Masala**

Lentils slow cooked in mild Spices with Spinach and Onions

Lunch

Sandwich Platters



Cocktail Sandwich Platter

small \$72 (serves 10)
regular \$125 (serves 20)

- Served on White and Whole Wheat Bread:
Tuna Salad, Egg Salad, Black Forest Ham, Cucumber and Dill Cream Cheese

Deli Sandwich Platter

small \$95 (serves 10)
regular \$180 (serves 20)

- Served on Soft White and Whole Wheat Buns with Crisp Lettuce and Vine Tomatoes:
 - Ham and Cheddar
 - Roasted Ontario Beef and Cheddar
 - Curry Roasted Chickpea and Onion **VEGAN**
 - Roast Turkey and Swiss
 - Egg Salad on Light Rye

Wrap Platter

small \$98 (serves 10)
regular \$188 (serves 20)

- Served on 12" Flour Tortillas:
 - Grilled Chicken Caesar with Sundried Tomatoes and Parmesan
 - Smoked Turkey, Arugula and Swiss with Cranberry Mayo
 - Tuna Salad with Baby Spinach and Lemon Mayonnaise
 - Fire Roasted Vegetables with Hummus, Tabbouleh and Feta
 - Black Forest Ham with Aged Cheddar, Vine Tomato and Dijon Mayonnaise

Urban Gourmet Platter

\$215/platter (serves 20)

- Served on Artisan Buns, Wraps and Breads-Select up to 5 Varieties. Select up to 5 varieties:
 - Crisp Tofu and Vegetable Wrap-Crisp Fried Marinated Tofu with Carrot, Pepper, Nappa Cabbage, Cilantro and Hoisin Glaze **VEGAN**
 - Grilled Chicken, Spiced Havarti, Vine Tomato, Crisp Lettuce, Chipotle **HALAL**
 - Chickpea Falafel Wrap-Chickpea Falafels, Tahini Sauce, Hummus, Lettuce, Tomato and Onion Slaw **VEGAN**
 - Grilled Chicken Caesar Wrap with Sundried Tomatoes and Parmesan **HALAL**
 - Slow Roasted Steak Sandwich-Shaved Alberta Beef, Caramelized Onions, Lettuce, Tomato, Aged Cheddar and Horseradish Mayo **HALAL**
 - Turkey Bacon Club-Oven Roasted Turkey Breast, Applewood Smoked Bacon, Crisp Lettuce, Tomato, Dijon Mayonnaise
 - Caprese-Vine Ripened Tomato, Bocconcini, Baby Arugula, Pesto Mayo and Balsamic Reduction **VEGETARIAN**
 - Roasted Cauliflower Salad with Crisp Lettuce and Vine Tomato **VEGAN**

Assorted Platters



Vegetable Crudité

small \$50 (serves 10)
regular \$95 (serves 20)

- Seasonal Vegetable Crudités with Herb Sour Cream Dip

Cheese Board

small \$115 (serves 10)
regular \$220 (serves 20)

- Selection of Imported and Domestic Cheeses with Fruit Garnish and Water Crackers

Antipasto

small \$70 (serves 10)
regular \$135 (serves 20)

- Roasted Peppers, Grilled Zucchini, Bocconcini Cheese, Assorted Olives and Sliced Prosciutto Ham

Dessert Squares

small \$50 (serves 10)
regular \$95 (serves 20)

- Assorted Dessert Squares including:
Carrot Cake, Butter Tarts, Nanaimo Bars and Chocolate Brownies

Home Baked Cookies

small \$35 (serves 10)
regular \$63 (serves 20)

- Assorted Freshly Baked Cookies

French Pastries

small \$50 (serves 10)
regular \$95 (serves 20)

- Selection of French Pastries

Fresh Fruit

small \$70 (serves 10)
regular \$130 (serves 20)

- Assorted Fruit Platter

Fresh Fruit Kabobs

small \$80 (serves 10)
regular \$150 (serves 20)

- Assorted Fruit Kabobs Platter



Ordering for your team?

Ask us about
collaborative ordering.

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EXTENDED MENU

Our extended menu is
available on our website at:
stgeorgecatering.utoronto.ca



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